Amtrak's "Vermonter & Valle	y Flyer Schedules - Southbound"	Effective July 29, 2022
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Vermonter		Otations	Valley Flyer			
Bus [B] & Café Car [C] Mo-Fr Sa-Su, Hol		Stations	Mo-Fr Sa-Su, Holidays			
#55	#57		#495+95	#471+171	#461+161	#499
	9:15a (Dp)	St Albans, VT [P]	#450150	# 4111111	#4011101	#400
	9:44a	Essex Jct [P] (6mi E Burlington)				
	10:10a	Waterbury [P] (10mi S Stowe)				
	10:10a	Montpelier [P] (10mi NW Barre)				
	10:59a	Randolph, VT [P]				
	11:35a	White River Jct, VT [P] (5mi S				
		Dartmouth College, Hanover, NH)				
	11:56a	Windsor, VT [P]				
12:06p	12:06р	Claremont, NH [P] (14mi NE				
12:20p	12:30p	Springfield, VT) Bellows Falls, VT [P]				
	1:02p	Brattleboro, VT [P, Garage, 4min]				
12.55p	1.02β	(19mi W Keene, NH)				
1:36p	1:36p	Greenfield, MA [P, Garage, 2min]	5:30a (Dp)	7:20a (Dp)	9:15a (Dp)	8:10p (Dp)
2:01p	2:01p	Northampton, MA [P]	5:55a	7:45a	9:40a	8:35p
	2:16p	Holyoke, MA [P]	6:10a	8:00a	9:55a	8:50p
	2:35p (Ar)	Springfield, MA [P, Garage]	6:38a (Ar)	8:28a (Ar)	10:23a (Ar)	9:18p (Ar)
	2:55p (Dp)		6:50a (Dp)	8:40a (Dp)	10:34a (Dp)	
3:19p	3:17p	Windsor Locks, CT	7/18 to 9/11 Transfer to:	7/18 to 9/11 Transfer to:	10:53a	
		Windsor, CT	Bus #3095	Bus #3071	10:59a	
3:34p	3:29p	Hartford, CT	or use Bus	in use	11:05a	
		Berlin, CT	#3495 for	#3471 for	11:19a	
3:58p	3:54p	Meriden, CT	fill in stops	fill in stops	11:29a	
		Wallingford, CT		•	11:36a	
4-24m (Am)	4.40= (4=)	New Haven, CT, State Street	0.425 (Ar)	40.000 (4.4)	11:49a	
	4:19p (Ar) 4:34p (Dp)	New Haven, CT, Union Station (Vermonter: No change; Valley	8:13a (Ar) 8:41a (Dp)	10:03a (Ar)	11:56a (Ar)	
4.39p (Dp)	4.34p (Dp)	Valley: change from bus to train)	[B] & [C]	10:40p (Dp) [B] & [C]	12:06p (Dp) [B] & [C]	
5:00p	4:55p	Bridgeport, CT		11:01p	12:26p	
	5:23p	Stamford, CT	9:28a	11:28p	12:53p	
		New Rochelle, NY			1:16p	
6:25p (Ar)	6:25p (Ar)	New York, NY	10:22a (Ar)	12:22p (Ar)	1:51p (Ar)	
6:45p (Dp)	7:01p (Dp)	Trong ren	10:35a (Dp)	12:35p (Dp)	2:05p (Dp)	
7:02p	7:17p	Newark Penn Station, NJ	10:51a	12:51p	2:21p	
		Newark Liberty Int Air, NJ		12:56p	2:26p	
	7:33p	Metropark, NJ	11:05a	1:08p	2:39p	
		New Brunswick, NJ	111500	1:17p		
		Princeton Junction, NJ		1:30p		
	7:55p	Trenton, NJ	11:27a	1:38p	3:02p	
	8:23p (Ar)	Philadelphia, PA 🂝	11:55a (Ar)	2:05p (Ar)	3:30p (Ar)	
	8:26p (Dp)		12:00p (Dp)	2:13p (Dp)	3:33p (Dp)	
8:30p	8:46p	Wilmington, DE	12:20p	2:34p	3:54p	
		Aberdeen, MD		3:07p	4:22p	
	9:39p	Baltimore, MD	1:20p	3:37p	4:54p	
	9:53p	BWI Airport, MD	1:36p	3:53p	5:07p	
	10:07p	New Carrollton, MD	1:51p	4:08p	5:22p	
	10:28p	Washington, DC	2:07p (Ar)	4:25p (Ar)	5:38p (Ar)	
(Ar)	(Ar)		To Norfolk	To Roanoke		
Air/Rail	Buy Amtrak Ti	kets: https://www.amtrak.com	Flyer Trains		Other Trains	
Link Valley Flyer Info: https://www.trainsinthevalley.org/v			y-flyer/		[P] Parking A	vailable
More Vermont Rail Info: https://www.vermontvacation.com/Amtrak						
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Amtrak's "Vermonter & Valley Flyer Schedules – Northbound" Effective July 29, 2022								
Vermonter Bus [B] & Café Car [C]			Stations	Valley Flyer				
Mo-Fr	Sa-Su, Hol			Mo-F	r, Hol	Sa-S	Sa-Su, Hol	
#56	#54			#94+494	#178+478	#400	#88+488	
				From Norfolk	From Norfolk			
8:10a (Dp)	7:20a (Dp)		Washington, DC	2:05p (Dp) [B] & [C]	4:02p (Dp) [B] & [C]		11:25a (Dp) [B] & [C]	
8:19a	7:30a		New Carrollton, MD	2:16p	4:13p		11:36a	
8;33a	7:45a		BWI Airport, MD 🍣	2:31p	4:28p		11:51a	
8:38a	8:00a		Baltimore, MD	2:46p	4:44p		12:06a	
			Newark, DE	-	-			
9:50a	8:53a		Wilmington, DE	3:32p	5:31p		12:54p	
9:58a (Ar) 10:01a Dp)	9:16a (Ar) 9:19a (Dp)		Philadelphia, PA	3:54p (Ar) 3:59p (Dp)	5:56p (Ar) 5:59p Dp)		1:16p (Ar) 1:19p (Dp)	
10:26a	9:47a		Trenton, NJ	4:26p	6:25p		1:46p	
	10;09a		Metropark, NJ Newark Liberty Int Air, NJ	4:57p	6:57p		2:09p 2:21p	
11:01a	10:25a			5:03p	7:03p		2:26p	
			Newark Penn Station, NJ	•	•		•	
11:21a (Ar) 11:33a Dp)	10:45a (Ar) 11:30a (Dp)		New York, NY	5:22p (Ar) 5:38p (Dp)	7:24p (Ar) 7:50p (Dp)		2:46p (Ar) 3:00p (Dp)	
			New Rochelle, NY	6:06p	8:25p		3:27p	
12:16p	12:19p		Stamford, CT	6:28p	8:43p		3:46p	
12:45p	12:49p		Bridgeport, CT	6:59p	9:12p		4:15p	
1:11p (Ar)	1:15p (Ar)		New Haven, CT, Union Station	7:25p (Ar)	9:40p (Ar)		4:45p (Ar)	
1:30p (Dp)	1:30p (Dp)		(Change trains)	7:35p (Dp)	9:55p (Dp)		5:00p (Dp)	
			New Haven, CT, State Street	7:37p	9:57p		5:02p	
			Wallingford, CT	7:49p	10:09p		5:14p	
1:50p	1:50p		Meriden, CT	7:57p	10:18p		5:23p	
0.00	0.00		Berlin, CT	8:07p	10:26p		5:32p	
2:08p	2:08p		Hartford, CT	8:17p	10:38p		5:43p	
			Windsor, CT	8:27p	10:47p		5:53p	
2:22p	2:22p		Windsor Locks, CT	8:34p	10:53p		5:59p	
2:55p (Ar) 3:15p (Dp)	2.55p (Ar) 3:15p (Dp)		Springfield, MA [P, Garage]	8:59p (Ar) 9:15p (Dp)	11:18p (Ar) 11:30p (Dp)	7:50a (Dp)	6:24p (Ar) 6:45p (Dp)	
3:41p	3:41p		Holyoke, MA [P]	9:41p	11:56p	8:16a	7:11p	
3:57p	3:57p		Northampton, MA [P]	9:57p	12:12a	8:32a	7:27p	
4:22p	4:22p		Greenfield, MA [P, Garage, 2 min]	10:23p (Ar)	12:38a (Ar)	8:58a (Ar)	7:53p (Ar)	
4:56p	4:56p		Brattleboro, VT [P, Garage, 4 min] (19mi W Keene, NH)					
5:26p	5:26p		Bellows Falls, VT [P]					
5:47p	5:47p		Claremont, NH [P] (14mi NE Springfield, VT)					
5:56p	5:56p		Windsor, VT [P]					
6:15p	6:15p		White River Jct, VT [P] (5m S Dartmouth College, Hanover, NH)					
6:56p	6:56p		Randolph, VT [P]					
7:34p	7:34p		Montpelier [P] (10mi NW Barre)					
7:50p	7:50p		Waterbury [P] (10mi S Stowe)					
8:18p	8:18p		Essex Jct [P] (6mi E Burlington)					
8:50p (Ar)	8:50p (Ar)		St Albans, VT [P]					
Air/Rail			https://www.amtrak.com	Flyer Trains		Other Trains	vailable	
Link Valley Flyer Info: https://www.trainsinthevalley.org/valley-flyer/ [P] Parking Available								

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