

Effective NOVEMBER 8, 2010

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TACOMA - PORTLAND - SALEM
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And intermediate stations



AMTRAK CASCADES-Southbound

Vancouver, BC • Seattle • Tacoma • Portland • Salem • Eugene

Train Name ▶				Amtrak Cascades	Coast Starlight	Amtrak Cascades	Thruway	Amtrak Cascades	Thruway	Thruway	Amtrak Cascades	Thruway	Amtrak Cascades	
Train Number ▶				501	11	513	b	507	b	b	509	b	517	
Normal Days of Operation ▶				Daily	Daily	Daily	Daily	Daily	Fr/Su ¹³	Daily	Daily	Daily	Daily	
On Board Service ▶														
	Mile	Symbol	▼											
Vancouver, BC—Pacific Central Station (PT)	0	8 H	Dp		b 5 30A	s 6 40A		b 8 00A		b 11 30A		b 5 00P	s 5 45P	
Richmond, BC—Sandman Signature Hotel	12	0			b R 5 50A			b R 8 30A		b R 12 00N		b R 5 30P		
Surrey, BC—Pacific Inn	29	0			b R 6 20A			b R 9 00A		b R 12 30P		b R 6 00P		
Bellingham, WA (Alaska Marine Highway)	62	8 h q s				s 8 45A					b 2 50P		s 7 49P	
Mount Vernon, WA	88	0 h q				9 15A					b 3 25P		8 19P	
Stanwood, WA	103	0 h				9 29A							8 36P	
Everett, WA	123	8 H q				s 10 02A					b 4 10P		s 9 09P	
Edmonds, WA	139	8 h q			▼	s 10 27A		▼		▼		▼	s 9 34P	
Seattle, WA	157	8 H q		Ar		b 9 15A	s 11 05A		b 12 00N		b 3 45P	b 5 00P	b 8 30P	s 10 10P
Seattle, WA Victoria, BC f b Port Angeles—see back	0	8 H q		Dp	s 7 30A	s 9 45A Coast Starlight to Los Angeles	s 11 25A		s 2 20P			s 5 30P		
Tukwila, WA (SeaTac Airport a)	11	0 H			7 44A		11 39A		2 34P			5 44P		
Tacoma, WA	39	8 h q			s 8 13A	s 10 31A	s 12 08P		s 3 03P		s 6 13P			
Olympia-Lacey, WA	75	0 h q			8 49A	11 21A	12 44P		3 39P		6 49P			
Centralia, WA	94	8 h q			9 10A	s 11 45A	s 1 05P		s 4 00P		7 10P			
Kelso-Longview, WA	137	0 h q			9 56A	12 29P	1 51P		4 46P		7 56P			
Vancouver, WA	177	8 h q			s 10 34A	s 1 08P	s 2 29P		s 5 24P		s 8 34P			
Portland, OR b Boise, Seaside, Astoria—see back	187	8 h q	Ar		s 11 00A	s 1 50P	s 2 55P		s 5 50P			s 9 00P		
Portland, OR	187	8 h q	Dp		b 11 30A	s 2 25P	b s 3 35P	b 5 45P	s 6 15P	b 7 30P		s 9 10P		
Oregon City, OR	202	0 h							6 36P			9 31P		
Salem, OR	239	8 h q				b 12 30P	s 3 37P	b s 4 35P	b 6 45P	7 22P	b D 8 30P		10 17P	
Albany, OR b Corvallis, Newport—see back	267	8 h			b 1 10P	s 4 10P	b s D 5 10P	b D 7 20P	7 51P	b D 9 05P		10 46P		
Eugene-Springfield, OR b Florence, Coos Bay—see back	310	8 h q			b 1 55P	s 5 10P	b s 6 00P	b 8 10P	s 8 50P	b D 9 55P		s 11 45P		
University of Oregon-Eugene, OR b (PT)	310	0 H		Ar			b 6 15P	b 8 25P		b 10 10P				

Service on Amtrak Cascades® Trains

- Coaches:** Reservations required.
- Cascades Business class service.**
- Airport connection.**
- Sleeping cars:**
 - Superliner sleeping accommodations on Trains 11 and 14, the Coast Starlight
 - Amtrak Metropolitan Lounge available in Portland for Sleeping car service passengers.
- Dining cars:** Complete meal service on Trains 11 and 14.
- Lounge/Bistro cars:** Sandwiches, snacks and beverages on all trains.
- Entertainment:** Feature movies.
- Bicycles:** Trains 500 through 517 are equipped with a limited number of bike racks for carrying unboxed bicycles.
 - Reservation required; service charge applies.
 - The passenger brings the bicycle to and picks it up from the baggage car.
 - Certain connecting Thruway buses also carry bicycles. Consult agent.
- ¹² **Friday/Sunday Express bus** departs University of Oregon 3:10 p.m.; Eugene 3:35 p.m. and arrives Portland 5:25 p.m. Time is available at Eugene to ticket University of Oregon passengers.
- ¹³ **Bus** will not operate 1/2, 1/16 and 2/20/11. Bus will also operate 1/13, 1/17 and 2/21/11.

Smoking is prohibited.

Note: Proper documentation is required to cross U.S./Canadian border. See General Information at Amtrak.com for important customs and immigration information.

Operation of Trains 500 through 517 and Thruway bus service between Portland and Eugene is financed primarily through funds made available by the Oregon Department of Transportation, and between Vancouver–Seattle–Portland by the Washington State Department of Transportation.

Wi-Fi COMING SOON

Wi-Fi is coming soon to the Amtrak Cascades. Be on the lookout for future announcements at AmtrakCascades.com.

get away along the way.

Unwind your way through the great Northwest on Amtrak *Cascades*. With multiple daily roundtrips between Portland, Seattle and Vancouver, B.C., you can sit back, relax, enjoy the views and let someone else drive for a change.

After all, it's as much about the journey as it is the destination.

Amtrak **CASCADES®**

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AMTRAK CASCADES-Northbound

Eugene • Salem • Portland • Tacoma • Seattle • Vancouver, BC

Train Name ▶				Amtrak Cascades	Thruway	Amtrak Cascades	Thruway	Amtrak Cascades	Amtrak Cascades	Amtrak Cascades	Thruway	Coast Starlight	Thruway	Amtrak Cascades
Train Number ▶				510	b	500	b	504	506	516	b	14	b	508
Normal Days of Operation ▶				Daily	Daily	Daily	Daily	Daily	Daily	Daily	Daily	Daily	FrSu ¹³	Daily
On Board Service ▶														
	Mile	Symbol	▼											
University of Oregon-Eugene, OR b (PT)	0	0 H	Dp							b 11 10A	b 12 50P		b ¹² 3 10P	
Eugene-Springfield, OR b Florence, Coos Bay—see back	0	8 h q				s 5 30A		s 9 00A		b s 11 35A	b s 1 15P	s 12 44P	b s 3 35P	b s 2 50P
Albany, OR b Corvallis, Newport—see back	44	8 h				6 13A		s 9 43A		b s 12 30P	b s 2 05P	s 1 30P		b s 3 40P
Salem, OR	72	8 h q				s 6 42A		s 10 12A		b s 1 00P	b s 2 40P	s 2 03P		b s 4 15P
Oregon City, OR	108	0 h				7 24A		10 54A						
Portland, OR	124	8 h q	Ar			s 8 05A		s 11 35A		b s 2 10P	b s 3 45P	s 3 40P	b s 5 25P	b s 5 25P
Portland, OR b Boise, Seaside, Astoria—see back	124	8 h q	Dp			s 8 30A			s 12 15P	s 2 50P		s 4 20P		s 6 15P
Vancouver, WA	134	8 h q				s 8 45A			s 12 30P	s 3 05P		s 4 36P		s 6 30P
Kelso-Longview, WA	173	0 h q				9 20A			1 05P	3 40P		5 14P		7 05P
Centralia, WA	216	8 h q				s 10 02A			s 1 48P	s 4 22P		s 5 57P		7 47P
Olympia-Lacey, WA	235	0 h q				10 23A			2 08P	4 43P		6 22P		8 08P
Tacoma, WA	271	8 h q				s 11 05A			s 2 50P	s 5 25P		s 7 11P		s 8 50P
Tukwila, WA (SeaTac Airport a)	299	0 H				11 33A			3 18P	5 53P				9 17P
Seattle, WA Victoria, BC f b Port Angeles—see back	310	8 H q	Ar			s 12 00N			s 3 45P	s 6 20P		s 8 45P		s 9 45P
Seattle, WA	0	8 H q	Dp	s 7 40A	b 10 45A	b 12 20P	b 1 00P		b 4 45P	s 6 50P		b 9 15P		
Edmonds, WA	18	8 h q	Ar	s 8 07A						s 7 17P				
Everett, WA	34	8 H q		s 8 31A		b 1 05P				s 7 42P				
Stanwood, WA	54	0 h		9 03A						8 14P				
Mount Vernon, WA	69	0 h q		9 21A		b 1 50P				8 27P				
Bellingham, WA (Alaska Marine Hgwy.)	95	8 h q s		s 9 52A	▼	b 2 20P	▼		▼	s 9 00P		▼		
Surrey, BC—Pacific Inn	115	0			b D 1 15P		b D 3 30P		b D 7 00P			b D 11 20P		
Richmond, BC —Sandman Signature Hotel	132	0			b D 1 45P		b D 4 00P		b D 7 30P			b D 11 50P		
Vancouver, BC—Pacific Central Sta.(PT)	157	8 H	Ar	s 11 40A	b 2 15P		b 5 00P		b 8 00P	s 10 50P		b 12 20A		

Multi-ride Tickets on Thruway Bus Services

Passengers holding multi-ride tickets should be aware that reserved and ticketed passengers have priority seating on Amtrak Thruway buses.

Seattle-Tacoma International Airport

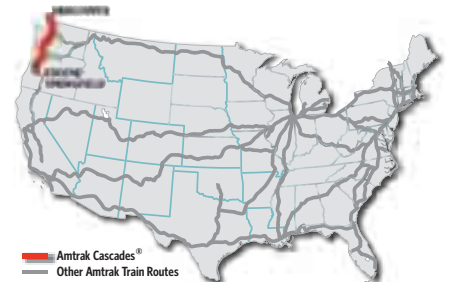
Sound Transit Link Light Rail offers an easy, direct connection from Seattle Amtrak Station to SEA-TAC Airport. Walk out King St. exit, turn left to the Weller Street Pedestrian Overpass and follow it directly two blocks to the International District Station. Trains run every 8-15 minutes 5:00 a.m. - 2:00 a.m. Travel time is 36 minutes. Tickets are \$2.50, sold by machine at the entrance. Sound Transit Information: 1-888-889-6368 or www.soundtransit.org.

Shading Key

Reserved long-distance train	Thruway and connecting services
Reserved Corridor service train	

AMTRAK CASCADES ROUTE MAP and SYMBOLS

Richmond, BC
Surrey, BC
Bellingham, WA
Mount Vernon, WA
Stanwood, WA
Everett, WA
Edmonds, WA
Seattle, WA
Tukwila, WA
Tacoma, WA
Olympia-Lacey, WA
Centralia, WA
Kelso-Longview, WA
Vancouver, WA
Portland, OR
Oregon City, OR
Salem, OR
Albany, OR
Eugene-Springfield, OR



- | | |
|---|---|
| A Time Symbol for A.M. | a Airport connection |
| N Time Symbol for Noon. | f Ferry connection |
| P Time Symbol for P.M. | q Quik-Trak self-serve ticketing kiosk |
| D Stops only to discharge passengers; train may leave before time shown. | 0 Unstaffed station |
| R Stops only to receive passengers. | 8 Staffed ticket office; may or may not be open for all train departures |
| PT Pacific time | h Station wheelchair accessible; no barriers between station and train |
| b Bus stop | H Station wheelchair accessible; not all station facilities accessible |
| s Checked baggage | |

Pacific Coast Thruway Bus Connections

Portland • Pendleton • Boise (Greyhound Lines)

NOTE—Greyhound schedules subject to change

501	509	Connecting Train Number				500	508
8451	8455	Thruway Number				8450	8452
Daily	Daily	Mile	▼	Days of Operation	Symbol	▲	Daily
12 30P	11 00P	0	Dp	Portland, OR —Greyhound Station	8 h	Ar	6 00A 4 10P
1 50P	12 10A	62	Ar	Hood River, OR	0	Dp	4 50A 3 00P
2 20P	12 40A	83	Ar	The Dalles, OR	0	Dp	4 20A 2 30P
4 55P	3 20A	208	Ar	Pendleton, OR	0	Dp	1 45A 11 40A
6 10P	4 35A	259	Ar	La Grande, OR	0	Dp	12 35A 10 30A
7 00P	5 25A	304	Ar	Baker City, OR (PT)	0	Dp	11 45P 9 40A
9 50P	8 30A	374	Ar	Ontario, OR —Greyhound Sta. (MT)	0	Dp	10 50P 8 40A
10 35P	9 15A	417	Ar	Nampa, ID	0	Dp	10 05P 7 55A
11 05P	9 45A	435	Ar	Boise, ID —Greyhound Sta. (MT)	0	Dp	9 35P 7 25A
6	8441	8447	Connecting Train Number				5
Daily	Daily	Mile	▼	Days of Operation	Symbol	▲	Daily
11 10P	10 35A	0	Dp	Boise, ID —Greyhound Sta. (MT)	0	Ar	7 45P 6 55A
1 35A	1 25P	129	Ar	Twin Falls, ID —Oasis Stop N Go	0	Ar	4 50P 4 35A
5 20A	5 10P	304	Ar	Ogden, UT	0	Ar	12 55P 12 50A
6 05A	5 55P	340	Ar	Salt Lake City, UT (PT)	8	Dp	12 01P 12 05A

NOTE: Greyhound Portland connections arrive and depart at the Greyhound stations in all cities. In Portland, the Greyhound station is located across the street from the Amtrak station. Greyhound departures will be announced in the Amtrak Portland station. Passengers may also walk across to the Greyhound station and listen for the Greyhound boarding call for their departure.

Portland • Astoria

(NorthWest POINT-Oregon DOT/Oregon Coachways)

500	507	Connecting Train Number					504	
5500	5564	Thruway Number					5563	5565
Daily	Daily	Mile	▼	Days of Operation	Symbol	▲	Daily	Daily
9 30A	6 20P	0	Dp	Portland, OR —Amtrak Station	(PT) 8 h	Ar	10 30A	9 30P
10 05A	6 55P	28		Manning, OR	0		9 40A	8 50P
10 35A	7 25P	55		Elsie, OR	0 h		9 10A	8 10P
10 45A	7 35P	65		Necanicum Jct., OR	0		9 00A	8 00P
11 00A	7 50P	80		Cannon Beach, OR —Family Mkt.	0 h		8 50A	7 45P
11 10A	8 10P	88		Seaside, OR—Chevron Sta.	0		8 40A	7 30P
11 20A	8 15P	91		Gearhart, OR	0 h	R 8 30A	7 20P	
11 30A	8 25P	100		Warrenton, OR —Fred Meyers	0 h	R 8 20A	7 15P	
11 40A	8 35P	104		Astoria, OR—Mini Mart	0 h	8 15A	7 00P	
11 50A	8 50P	106	Ar	Astoria, OR—Transit Ctr.(PT)	0 h	Dp	8 00A	6 45P

Seattle • Port Angeles

(Olympic Bus Lines)

500	506	Connecting Train Number				507	509
8830	8836	Thruway Number				8837	8839
Daily	Daily	Mile	▼	Days of Operation	Symbol	▲	Daily
1 10P	7 05P	0	Dp	Seattle, WA**—Amtrak Sta.(PT)	8	Ar	9 10A 4 50P
2 00P	8 15P	48	Ar	Edmonds, WA**	0	Ar	8 35A 3 45P
3 05P	9 10P	74	Ar	Kingston, WA**	0	Ar	7 35A 2 50P
3 25P	9 35P	85	Ar	Discovery Bay, WA	0	Ar	6 50A 2 05P
3 50P	10 00P	111	Ar	Port Townsend, WA	0	Ar	6 25A 1 30P
3 55P	10 05P	131	Ar	Sequim, WA	0	Ar	6 25A 1 30P
4 20P	10 35P	138	Ar	Port Angeles, WA (PT)	0	Dp	6 00A 1 00P

Note: Port Townsend - transfer at Discovery Bay. For reservations call (360) 417-0700 or (800) 457-4492. Also visit heckmanmotors@olympen.com. Schedule times may change seasonally. Please be at departure location 15 minutes prior to time printed above. ** Stops by reservation only.

Albany • Corvallis • Newport

(Valley Retriever)

507	501	Connecting Train Number				507	504
8575	8551	Thruway Number				8552	8550
Su-Fr	Daily	Mile	▼	Days of Operation	Symbol	▲	Su-Fr
7 20P		0	Dp	Portland, OR (PT) —Greyhound Station	8 h	Ar	7 15P
8 50P		22	Ar	Salem, OR—Greyhound Sta.	0 h	Ar	5 30P
9 15P	2 10P	77	Ar	Albany, OR—Amtrak Sta.	0 h	Ar	5 00P 7 10A
9 45P	2 40P	88	Ar	Corvallis, OR —Greyhound Station	0 h	Ar	4 35P 6 55A
10 50P	3 40P	148	Ar	Toledo, OR—Dairy Queen	0 h	Ar	3 40P 5 55A
11 00P	3 50P	156	Ar	Newport, OR —Valley Retriever Sta. (PT)	0 h	Ar	3 30P 5 45A

Note: Will not operate 11/25 and 12/25/10.

Redmond • Bend • Chemult

(HighDesert POINT-Oregon DOT/ITAC Transportation)

11	14	Connecting Train Number				11	14
6111	6114	Thruway Number				6211	6214
Daily	Daily	Mile	▼	Days of Operation	Symbol	▲	Daily
5 15P	7 00A	0	Dp	Redmond Airport, OR(PT)	0 h	Ar	10 15P 11 35A
5 45P	7 25A	16	Ar	Bend, OR —Riverhouse Resort	0 h	Ar	D 9 45P 11 15A
6 15P	8 00A	31	Ar	Sunriver, OR—Lodge	0 h	Ar	D 9 15P 10 45A
6 40P	8 25A	49	Ar	La Pine, OR—Shell Station	0 h	Ar	D 8 50P 10 25A
7 40P	9 20A	84	Ar	Chemult, OR —Amtrak Station (PT)	0 h	Dp	8 10P 9 45A

NOTE: Redmond Airport pickup requires that a reservation be made with Amtrak at least 2 hours prior to departing the airport, or by calling TAC Transportation at (541) 480-6756.

Ontario • Bend • Eugene • Coos Bay

(Porter Stage)

11	Connecting Train Number				14	11
8310	Thruway Number				8309	8311
Daily	Mile	▼	Days of Operation	Symbol	▲	Daily
9 15A	0	Dp	Ontario, OR —Greyhound Station	0 h	Ar	7 10P
9 30A	17	Ar	Vale, OR—Fletcher Chevron	0 h	Ar	6 50P
11 00A	131	Ar	Burns, OR—Figaro's Italian Kitchen	0 h	Ar	3 40P
1 30P	261	Ar	Bend, OR—Bus Station	0 h	Dp	1 00P
2 00P	388	Ar	Eugene-Springfield, OR	8 h	Dp	12 30P
4 38P	449	Ar	Florence, OR—2nd & U.S. 101	0	Ar	9 27A
4 40P	469	Ar	Reedsport, OR—Sunrise Shop-N-Save	0	Ar	9 25A
D 6 15P	496	Ar	Coos Bay, OR—Bus Station (PT)	0	Dp	3 00P
D 6 45P						1 05P
7 15P						7 15A 12 35P

Note: Will not operate 11/25 and 12/25/10.

Spokane • Kettle Falls

(CWA Gold Line)

8849	7/8	Connecting Train Number				7/8	8848
8831	8833	Thruway Number				8832	8834
Daily	Daily	Mile	▼	Days of Operation	Symbol	▲	Daily
7 30A	1 30P	0	Dp	Kettle Falls, WA (PT)	0	Ar	1 25P 7 20P
7 45A	1 45P	9	Ar	Colville, WA	0	Ar	1 10P 7 05P
8 15A	2 15P	31	Ar	Chewelah, WA	0	Ar	12 40P 6 35P
8 35A	2 35P	48	Ar	Loon Lake, WA	0	Ar	12 20P 6 15P
8 50A	2 50P	58	Ar	Deer Park, WA	0	Ar	12 05P 6 00P
9 30A	3 30P	60	Ar	Spokane, WA (PT)	0	Dp	11 25A 5 15P

Note: Will not operate 11/25, 12/25/10, 1/1 and 4/24/11.

Connecting Local Services

Vancouver, BC—

TransLink Skytrain, bus and ferry service: (604) 953-3333; translink.bc.ca

West Coast Express commuter rail: (604) 488-8906 or 1-800-570-7245; westcoastexpress.com

Mount Vernon—

Skagit Transit bus service in Mount Vernon and "Island Connector" service to Anacortes and Oak Harbor: (360) 757-4433; skat.baron-co.com

Seattle—

Seattle Metro light rail and bus: (206) 553-3000 or 1-800-542-7876; transit.metrokc.gov
Sound Transit Sounder commuter rail and Tacoma and Central Rail Service: (206) 398-5000 or 1-800-201-4900; soundtransit.org

Portland—

Tri-Met light rail, bus and streetcar system: (503) 238-7433; trimet.org

Vancouver • Whistler • Pemberton

(Greyhound Canada)

517	Connecting Train Number				510
8931	Thruway Number				8932
Daily	▼	Days of Operation	Symbol	▲	Daily
12 30P	Dp	Pemberton, BC (PT)	0	Ar	6 25P
1 30P	Ar	Whistler, BC	0	Ar	5 30P
2 35P	Ar	Garibaldi Highlands, BC	0	Ar	4 40P
2 45P	Ar	Squamish, BC	0	Ar	4 10P
4 15P	Ar	Vancouver, BC (PT)	8	Dp	3 00P

PACIFIC NORTHWEST — TRAIN AND THRUWAY SERVICE



Clipper Navigation Co. Thruway Connections

Seattle • Victoria

Clipper Navigation operates the high-speed catamaran *Victoria Clipper* year-round between Pier 69 in Seattle (one mile from Amtrak King Street Station) and Victoria's Inner Harbour. Reservations are required. Call Amtrak for schedules, fares and ticketing information for travel more than three days ahead. For travel less than three days in advance, contact Victoria Clipper at (206) 448-5000 or (800) 888-2535 or visit www.victoriaclipper.com.

Alaska Marine Highway

In addition to Amtrak, Bellingham's multi-modal transportation facility serves the vessels of the Alaska Marine Highway. Service is available to Ketchikan, Wrangell, Petersburg, Juneau, Sitka, Haines and Skagway. For information and reservations call 1-800-642-0066 (TDD/TTY 1-800-764-3779) or visit www.ferryalaska.com.

British Columbia Connections

Vancouver, BC • Pemberton • Nanaimo

Greyhound Canada Thruway connection departs daily from Pacific Central Station in Vancouver (served by Amtrak Cascades route) for Squamish, Garibaldi Highlands, Whistler, Pemberton, BC, and Nanaimo, BC, on Vancouver Island. Call Amtrak for fares, schedules and ticketing information or visit www.greyhound.ca.

Vancouver, BC • Victoria, BC

Pacific Coach Lines offers frequent connecting Thruway service between Pacific Central Station in Vancouver and Victoria, BC (710 Douglas St.). Call Amtrak for fares, schedules and ticketing information or visit www.pacificcoachlines.com.

Pacific Northwest Corridor Services

Reservations are required on all trains and Thruway buses between Seattle and Portland, between Seattle and Vancouver, BC, and on Amtrak Trains 7 and 8 between Spokane and Seattle. Services on board each train are noted with symbols and can be found in the "Service on the Amtrak Cascades Trains" area.

See other side for Route Map and Symbols.

Shading Key

Thruway and connecting services